

HEAT safety 101

Texas heat demands respect! Know the signs of heat exhaustion and how to act fast.



WATCH FOR:

- Cool, Pale, Clammy Skin
- Faintness or Dizziness
- Fatigue or Weakness
- Weak, Rapid Pulse
- Nausea or Vomiting
- Headache
- Muscle Cramps



IMMEDIATE ACTION:

- ✓ Move the person to a **cooler, shaded place** immediately.
- ✓ **Loosen or remove** tight/excess clothing.
- ✓ Apply **cool, wet cloths** or sponges to the skin (especially head, neck, armpits, groin). Use a fan if available.
- ✓ Offer **sips of cool water** or a sports drink if conscious and able to swallow. No chugging!
- ✗ **DO NOT** use ice baths (can cause shock!).
- ✗ **DO NOT** give caffeine or alcohol!
- ✚ **Seek medical help if symptoms worsen, don't improve within an hour, or if the person faints or shows confusion** (this could be heat stroke, a medical emergency!)

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Our Client TESTIMONIAL

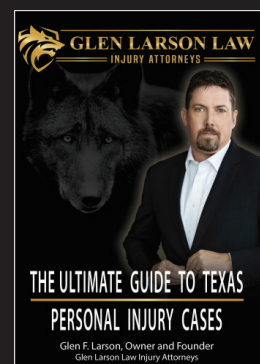
MCV

“Attorney Glen Larson, Katherine, Gabriela, Marco, the entire team has been awesome. I was involved in a motor vehicle crash and they took on my personal injury case and it was all a breeze. I will always use them in the future and **recommend them to family and friends.**”

★★★★★



YOUR GUIDE TO PERSONAL INJURY CLAIMS IN TEXAS



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TEXAS SUMMER FUN: 10 COOL & THRIFTY Adventures Across the State

Enjoy summer without breaking the bank! Read on for 10 cost-conscious, family-friendly adventures across Texas.

- 1 Float the Comal River (New Braunfels):** A true Texas classic! Rent tubes and enjoy a relaxing float down this spring-fed river.
- 2 Longhorn Cavern State Park:** Follow in the footsteps of explorers and scientists on this unique journey underground. Stunning natural beauty combines with a pleasant temp of 68°F year-round. Discounts for younger children. *Learn more: visitlonghorncavern.com*
- 3 Catch a Flick at a Drive-In Theater:** Enjoy a movie night from the comfort of your car at locations like the Galaxy Drive-In (Ennis) or Blue Starlite (Austin).
- 4 Walk with Dinosaurs at Dinosaur Valley State Park (Glen Rose):** Wade into the Paluxy River (check water levels first!) and search for real dinosaur footprints preserved in the riverbed.

- 5 Swim in a Desert Oasis at Balmorhea State Park (West Texas):** Take a dip in the world's largest spring-fed swimming pool. The water is cool year-round.
- 6 Hit the Beach at Mustang Island State Park (Near Corpus Christi):** Swim in the surf, try fishing, or explore the paddling trail along the coast.
- 7 Tube & Hike at Garner State Park (Concan):** Float the beautiful Frio River and explore scenic hiking trails (go early!). Reservations recommended.
- 8 Stargaze at Enchanted Rock State Natural Area (Near Fredericksburg):** After the sun sets and the rock cools down, marvel at the incredible night sky. Reservations are often required!
- 9 Texas State Railroad Park:** Explore the Piney Woods of East Texas via this round-trip rail adventure! 50 miles and four hours of unplugged relaxation await. Includes food and adult beverages.
- 10 Swimming Holes, Campground, and Spots Near You:** If none of the options above catch your eye, you can **search for a few of our favorites online!** Take note of the links below and discover something great in your area:

SWIMMING SPOTS:

- tpwd.texas.gov/state-parks/inks-lake
- hiddengemsus.com/best-swimming-holes-in-texas
- thetexastrailhead.com/here-are-the-5-best-texas-state-parks-for-swimming
- texanbynature.org/2016/08/ten-texas-swimming-holes-you-cant-miss-this-summer

FIND A PARK NEAR YOU:

- tpwd.texas.gov/state-parks/nearby
- tpwd.texas.gov/state-parks/lost-maples/nature
- traveltexas.com/where-to-stay/campgrounds

INJURY CASES WE HANDLE:

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- Slip & Fall Accidents
- Vehicle Accidents
- Wrongful Deaths
- And More...

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Austin, TX 78735

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10th Floor
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EL PASO OFFICE
2300 George Dieter
El Paso, TX 79912

Phone: 877-GLEN LARSON eFax: (512) 727-0999



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ARE RIDESHARES REALLY SAFE?

Ridesharing apps offer incredible convenience, but accidents happen. And because the nature of rideshare services can have specific effects on legal liability, injured passengers are often unsure of their rights. In the aftermath of an accident, they might wonder:

Who's responsible, and what should I be doing?

At **Glen Larson Law Injury Attorneys**, we believe in providing **certainty and clarity** to folks who are navigating complex accident claims. In the guide below, you'll find expert tips explaining what to do if you're injured and safety strategies that always apply.

YOUR PRE-RIDE SAFETY CHECKLIST

Take these simple steps before your ride begins:

- ✓ **Stay Charged:** Ensure your phone has enough battery for the trip.
- ✓ **Share Your Trip:** Use the app's safety feature or text a friend/family member your ride details and estimated time of arrival (ETA).
- ✓ **Verify Your Ride:** This is crucial! Before getting in, match the arriving vehicle's license plate, make/model, and color to the app. Confirm the driver's name and photo. Ask, "Who are you here for?" instead of offering your name first.
- ✓ **Ride in the Back:** Often considered the safest seating position for passengers.
- ✓ **Buckle Up:** Always use your seatbelt.

DURING THE RIDE: ADDRESSING UNSAFE DRIVING

If your driver is **speeding, driving erratically**, or seems **distracted**:

- 1 **Speak Up:** Politely but firmly ask the driver to slow down or focus on the road.
- 2 **Consider Ending the Ride:** If you feel unsafe, ask the driver to pull over in a safe location so you can exit. Your safety comes first.
- 3 **Report Later:** Report unsafe driving to the rideshare platform after your ride is complete and you are in a safe place.

A NOTE ON APP USE & NEGLIGENCE

A driver interacting with the rideshare app while the vehicle is in motion – checking requests, adjusting navigation, managing fares – is a form of distracted driving.

- If this distraction leads to an accident that causes you injury, the driver (and potentially the rideshare company) **could be found negligent!**

Understand Insurance Coverage

Ridesharing companies do provide liability insurance for passengers during trips. However, coverage specifics might vary depending on the accident "phase."

Ask yourself: was the driver...

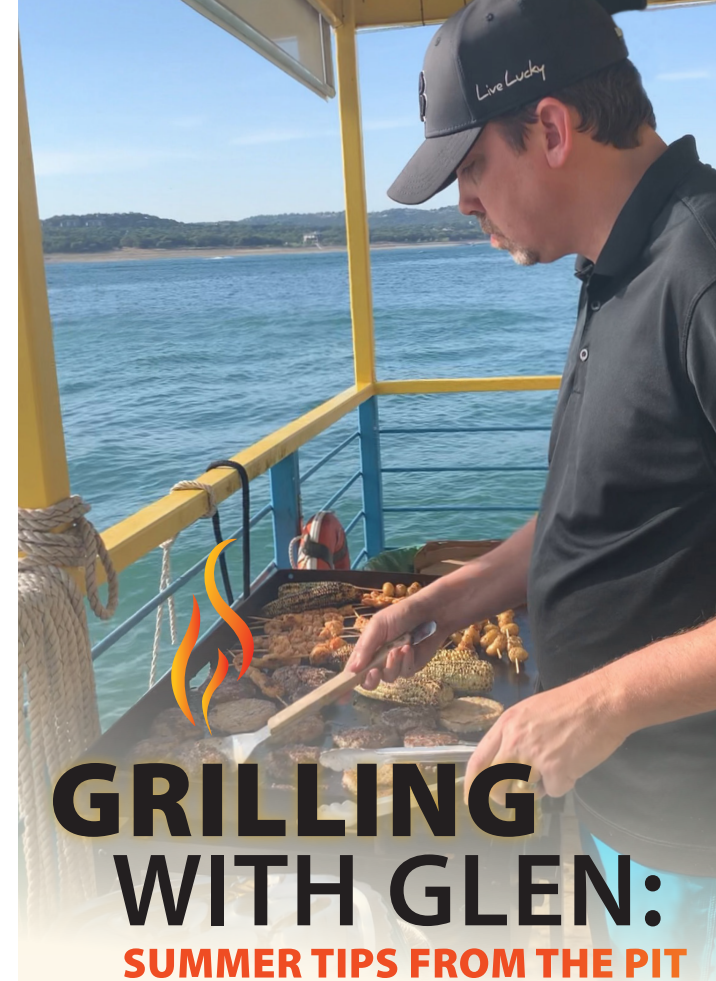
- **Logged in?**
- **En route to pick you up?**
- **Already with you in the car?**

Record your answers to these questions and be prepared to discuss them with your attorney!

IF AN ACCIDENT HAPPENS: PROTECTING YOUR RIGHTS

Being injured as a passenger can be confusing, but your actions matter. Be sure to:

- ✓ **Prioritize Medical Care:** Seek immediate medical attention for any injuries.
- ✓ **Document Crucial Details:**
 - **Screenshot your ride information** within the app (driver, car, route, time). *This is vital evidence!*
 - **Take photos/videos** of the accident scene, vehicle damage, and your injuries.
 - **Get contact information** from any **witnesses**.
- ✓ **File a Police Report:** Ensure law enforcement documents the accident.
 - **Call us if you have any questions.**



GRILLING WITH GLEN: SUMMER TIPS FROM THE PIT

Hey Neighbors,

One of my favorite things about summer in Texas is firing up the grill. There's nothing quite like cooking outdoors, enjoying the weather, and sharing delicious food with one's family and friends. Seafood on the grill is a particular favorite of mine, and today, I wanted to share some quick tips for perfecting two popular choices: oysters and shrimp.

*Happy Grilling!
All the best,
Glen*



Grilling Perfect Oysters

Grilling oysters is easier than you might think and adds a fantastic smoky flavor.

GLEN'S #1 TIP:

- **DON'T REMOVE THE SHELL BEFORE GRILLING!** Seriously, leave them fully intact. Place them directly on a medium-high grill grate. The shell acts like a natural cooking vessel, steaming the oyster inside and, most importantly, **helping retain moisture** and all that delicious liquor.

■ **START FRESH:**

Make sure you've got fresh, tightly closed oysters. Give those shells a good scrub under cold water before they hit the heat.

■ **WATCH FOR THE POP:**

Grill them just until the shells start to pop open – it usually just takes a few minutes. That's your signal, they're ready!

■ **TOP IT OFF (OPTIONAL):**

Have some garlic butter, herbs, or your favorite sauce ready. Once they pop, carefully pry the top shell off (use gloves!), spoon on your topping, and let it sizzle for another minute. Be careful not to overcook, or they'll get rubbery!



Simple Grilled Shrimp Secrets

Shrimp cook incredibly fast on the grill, making them perfect for a quick summer meal.

■ **SHELL ON OR OFF?**

While peeled shrimp is easy, applying my oyster logic, grilling shell-on shrimp (split down the back) adds great flavor and helps keep them juicy! If using peeled shrimp, thread them onto skewers so they don't fall through the grates.

■ **QUICK FLAVOR BOOST:**

Shrimp absorb marinades quickly – 15-30 minutes is usually plenty. Tossing them with a little oil right before grilling prevents sticking.

■ **HOT & FAST:**

Grill over medium-high heat for just **2-3 minutes per side**. They're done when they turn pink and opaque. Pull them off right away to avoid tough shrimp! A final squeeze of lemon is always a good idea.

QUESTIONS? CONCERNS? Call Glen Larson Law Injury Attorneys! Rideshare insurance is complex, but we understand Texas law and how insurance policies interact. We're also ready to provide **world-class information** and **certainty** as you navigate these claims, fighting with **passion** for the **maximum financial recovery** you deserve. **Contact us by calling 877-GLEN LARSON.** You can also connect with us online at **glenlarsonlaw.com**. **Schedule a free consultation with our trusted Texas personal injury attorneys today!**

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